

Dorn Method Advanced Training Course Outline

(» This course is especially designed and recommended for professional therapists)

Note: Sample Outline of an advanced Seminar conducted by Thomas Zudrell, other Instructors may have different topics!

Recommended Hours (Course Duration): 16 to 18 hrs (2 days)

Administration

Introduction

Academical Part: (Spread over 2 Days)

- Explanation of the Dorn Method incl. History, legal considerations, international developments, Variations and Advancements in Germany.
- Review of the necessary basic anatomy and physiology with new aspects.
- Connections to TCM and Meridian Science
- New facts and theories in Pain Science (Myo-Neuro-Structural-Rebalancing)
- Connections to Non-Physical Healing Theories
- Treatment of Children and Infants
- Treatment of Animals (Pets and larger animals)
- Products developed to help the Therapist
- Additional Exercises incl. Advices on Sitting, Sleeping, Stretching, Training, Posture etc.

Practical Part: (Spread over 2 Days)

- Review of the complete Dorn-Therapy in Segments with Demonstration and Hands-on treatment of the students sharing roles. (Following original and **new advanced and special techniques** developed by different Dorn Method Teachers and based on applied Anatomy and Physiology)
- The Dorn Therapy Part applied as Self Help Method as Founder Dieter Dorn and International Dorn Method Instructor Thomas Zudrell is proposing the Method, i.e. a neutral and mostly passive application of the techniques for Demonstration purpose and **special patient cases**.
- Complete Treatment under supervision, (‘real’ patient simulation)
- Review of the critical points: Cervical Spine, Sacrum and others
- Self Help Exercises
- The Breuss Massage (Review and Variations) (optional, time permitting)
- **MNSRT** (Myo-Neuro-Structural-Rebalancing-Therapy) (optional, time permitting)

This ends the advanced seminar!

Donation of Certificates (Dorn Method advanced)

Photos and social part

This Course outline is a recommendation only and follows the teaching principles of the International Dorn Method Instructor Thomas Zudrell DMS, MD(AM)

- The Student can then be listed as Therapist in the official Dorn Practitioners Listing at www.dorn-method.com and other Therapist Directories (Conditions may apply, please inquire)
- Listing in the Therapist Directory requires individual assessment of the students experience and a written recommendation from an authorized Dorn Method Instructor
- Advanced students may qualify for Dorn Method Instructor training after a sufficient practice time (usually 2 years) (Conditions may apply, please inquire)